



WEBINAR:

Innovative Insights for Understanding and Overcoming the Roots of Trauma and Stress

Friday, December 4

1:00 - 2:30 pm PT

Meeting ID: 390 710 3746

Passcode: 3333

Link: <https://bit.ly/32x1CIM>

Special Offer!

Attendees enjoy a discount on select new books by presenters!

Join an expert panel as we examine trauma, stress, and anxiety from humanistic, cognitive-behavioral, and psychoanalytic viewpoints. Insights will include:

- Trauma as an entirely normal outcome of development
- Applying new models of the whole person in treating trauma
- Strengths/drawbacks of complex trauma treatments
- How trauma may endow people with exceptional abilities
- Tools to mindfully combat Zoom fatigue and "tech stress"
- Simple, patient-friendly ways to alleviate anxiety and panic

Presenters

- [APA Fellow Ilene Serlin, PhD, BC-DMT](#)
 - [Carl Shubs, PhD](#)
 - [Richard Harvey, PhD](#)
 - [Elizabeth McMahon, PhD](#)
 - [APA Fellow Stanley Krippner, PhD](#)
 - [Erik Peper, PhD](#)
 - [Tamara McClintock Greenberg, PsyD](#)
 - [Michael Jawer, CAE](#)
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