



Ilene Ava Serlin, Ph.D., Gen. ed.

August 2007, 1,128 pp., 6 1/8 x 9 1/4
 ISBN 978-0-275-99231-6, ~~\$300.00~~ ~ \$240.00
 Also available as an eBook. Please call for pricing.

WHOLE PERSON HEALTHCARE Three Volumes

With healthcare services becoming more specialized, fractured, and costly, consumers are demanding more integrative, effective treatments that address the physical, spiritual, and psychological aspects of illness and health. This whole person approach to healthcare is increasingly being offered by healthcare professionals and in facilities nationwide.

Introduced by two giants in the field of medicine, David Spiegel, M.D., of Stanford University and Dean Ornish, M.D., at the University of California, these volumes show how Western and non-Western healing practices—including yoga, meditation, QiGong, art, music, and dance therapy—are being integrated with modern Western medicine and psychology, in hospitals and at nontraditional healthcare facilities. Breaking research on this growing field is featured, as are observations by healthcare professionals who say the new approaches are helping patients—and also helping professionals rediscover their ancient role as healers. Each focused, practical chapter includes a Tool Kit for Change, summarizing major treatment points from a particular perspective. Examples of training templates, funded programs, and treatment protocols are included. Prevention and lifestyle are addressed, as are cures.

Ilene Ava Serlin, Set Editor, is a Clinical Psychologist and Registered Dance/Movement Therapist in private practice in San Francisco and Marin County. She is a Fellow of the American Psychological Association, past President of the Division of Humanistic Psychology and served on the APA's Presidential Task Force on Whole Person Psychology. She is Founder of the Arts Medicine Program at the Institute of Health and Healing at California Pacific Medical Center.

20% Discount on Show Orders
 Good until April 30, 2010

ABC-CLIO Order Form

Order by Phone: 800-368-6868, Fax: 805-685-9685, Web: www.abc-clio.com or return this form to: ABC-CLIO, P.O. Box 1911, Santa Barbara, CA 93116-1911

Name _____ Title _____
 Institution _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____ Email _____

Institution Order
 Purchase Order # _____

Signature (No purchase order needed; signature authorizes order.) _____

Whole Person Healthcare, Qty. _____ @ \$240.00
Sales Tax: U.S. residents add applicable state sales tax;
 Canadian residents add 6% GST or 8% HST _____
Shipping and Handling:
 U.S. residents add 8%; Canadian residents add 9% _____

Individuals must prepay
 Check enclosed payable to ABC-CLIO
 VISA MasterCard American Express
 Account Number _____ Exp. Date _____
 Authorized Signature _____

